

## Resources for your cancer journey

A cancer diagnosis is life changing. And you probably have a million things on your mind as you navigate your treatment. Aetna® is here for you with the resources and support you may need to manage your care, understand your benefits and locate the right providers.





#### Personal navigator

This is your dedicated advocate with experience in cancer diagnosis and treatments who will provide you and your caretaker with personalized support whenever you need it. Get easy access to your navigator through a "Request a call" button located on the Aetna® Cancer Support Center site.

Your personal navigator can:

- Answer insurance questions
- · Help with prior authorizations and appeals
- · Connect you with care management
- · Assist with finding local resources
- Set up provider consultations



#### **Guided Genetic Health® program\***

Genetic counseling and testing can help guide your treatment and assess your risk of developing other forms of cancer.

With the Guided Genetic Health program, you can:

- Access a free online questionnaire in the Aetna Cancer Support Center site to determine if genetic counseling and testing are right for you
- Participate in convenient, at-home genetic testing and counseling
- Receive personalized and actionable health recommendations delivered by experts



### **Aetna Cancer Support Center**

The Aetna Cancer Support Center brings resources to your fingertips, serving as your trusted source for information and guidance on what to expect while managing cancer treatment and care.

The Aetna Cancer Support Center:

- Serves as a free, convenient digital information hub designed around your needs
- Provides details about diagnostic tests, treatments and benefits specific to your coverage
- Offers self-service support for breast, colorectal, prostate, lung, ovarian, uterine and other cancers

# For more information, visit the Aetna Cancer Support Center.

Log in to the <u>Aetna member website</u> and find the Cancer Support Center under Member Resources.

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Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. Visit **Aetna.com** to learn more about Aetna® plans.



<sup>\*</sup>No data from the online questionnaire, counseling or testing is shared with Aetna.

<sup>\*\*</sup>Standard text messaging and other rates from your wireless carrier still apply.