

Talk to a doctor 24/7 from anywhere*

The image shows a smartphone screen with the Teladoc app interface. At the top is the Teladoc logo. Below it is the title 'John's medical history' followed by a paragraph explaining the importance of a complete medical history. There is a link 'View or Print Your Medical History.' Below this are input fields for 'Height (feet)' (6) and 'Height (inches)' (2), and 'Weight (lbs)' (188). There are sections for 'Medication(s)' and 'Allergies', both showing 'No medication history' and 'No allergy history' respectively, with 'Add new' links. A 'Lifestyle' section has a toggle for 'Do you smoke / use tobacco?'. At the bottom is a green 'SAVE' button with a right arrow.

Filling out your medical history is easy and helps the doctor treating you understand your past or present illnesses, prescriptions or allergies.

All information shared with Teladoc is HIPAA** - compliant and confidential. Filling out your medical history just takes a couple minutes.



- 1 Log in to your account by app or web
- 2 Click "Medical Info" and select yourself or your minor dependents
- 3 Enter your medical history and update it annually

*Teladoc is not available internationally.

**Health Insurance Portability and Accountability Act of 1996 (HIPAA)

Get started today

Visit Teladoc.com/Aetna

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Dermatology and mental health copays vary. See your plan materials for details.